

TREK: Don't Stop, Don't Give Up—God's With You.

DAY 1: REVIEW

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2: STORMS ON THE TREK

Read psalm 46:1 (NirV)

Paul was traveling when a huge storm hit the ship. The wind was strong, the waves were wild, and everyone was afraid. But Paul trusted God. God reminded Paul that He was still in control, even in the middle of the storm.

Sometimes bad things happen in our lives too. You might feel scared, confused, or upset. Don't give up on God. Trusting Him doesn't mean pretending everything is fine. It means remembering that He is with you and will help you through it.

On your faith trek, storms will come. But God is your shelter and strength when things feel out of control.

Write one word that describes how you feel when things go wrong:

Remember: don't give up—God's got it! And He's got you!

DAY 3: YOUR EFFORT MATTERS

Read 1 Corinthians 15:58 (NirV)

Have you ever worked really hard at something and wondered if it was worth it? God promises that when you do things for Him, your work is never wasted. Every prayer, kind word, and brave choice matters.

Sometimes progress feels slow, like climbing a steep mountain. But God sees every step you take. Even when you mess up, God keeps cheering you on.

Activity: Draw a mountain below. At the bottom, write one thing that feels hard right now. At the top, write one way God might be helping you grow through it.

DAY 4: GOD IS STILL WORKING

Read Romans 8:28 (NirV)

Paul's ship was destroyed, just like God said. But everyone made it safely to shore. God kept His promise. Even though

